

# MODES

## E MAJOR (POSITION 7)

### E IONIAN

7

<b>E</b>	A		
		D#	
F#	B	<b>E</b>	
G#	C#		

### F# DORIAN

7

	A		
		D#	
<b>F#</b>	B	E	
G#	C#	<b>F#</b>	

### G# PHRYGIAN

7

	A		
		D#	
	B	E	<b>G#</b>
<b>G#</b>	C#	F#	

### A LYDIAN

7

	<b>A</b>		
		D#	
	B	E	G#
			<b>A</b>
	C#	F#	

### B MIXOLYDIAN

PRACTICE EACH OCTAVE SEPARATELY

7

<b>B</b>	E	A		<b>B</b>
		D#		
C#	F#	<b>B</b>	E	G#
			A	
D#	G#	C#	F#	

### C# AEOLIAN

PRACTICE EACH OCTAVE SEPARATELY

7

	E	A		B	
		D#			
<b>C#</b>	F#	B	E	G#	<b>C#</b>
			A		
D#	G#	<b>C#</b>	F#		

### D# LOCRIAN

PRACTICE EACH OCTAVE SEPARATELY

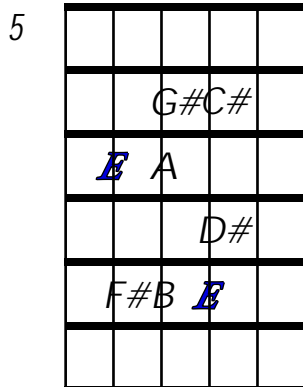
7

	E	A		B
		<b>D#</b>		
F#	B	E	G#	C#
			A	
<b>D#</b>	G#	C#	F#	<b>D#</b>

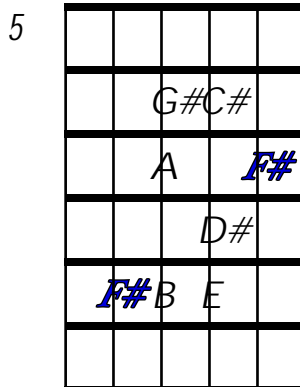
# MODES

## E MAJOR (POSITION 5)

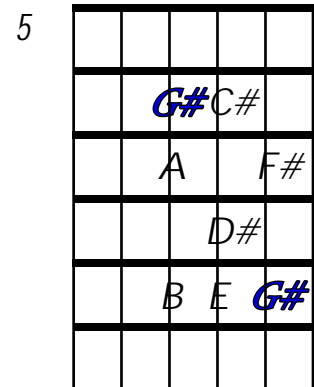
### E IONIAN



### F# DORIAN

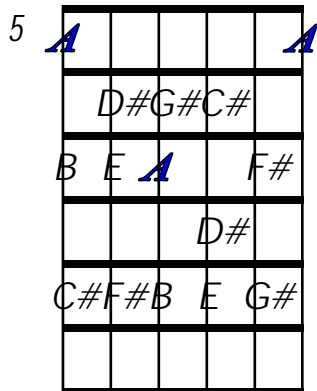


### G# PHRYGIAN



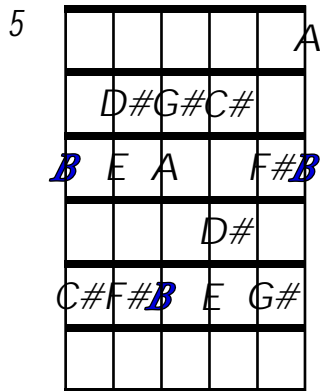
### A LYDIAN

PRACTICE EACH OCTAVE SEPARATELY



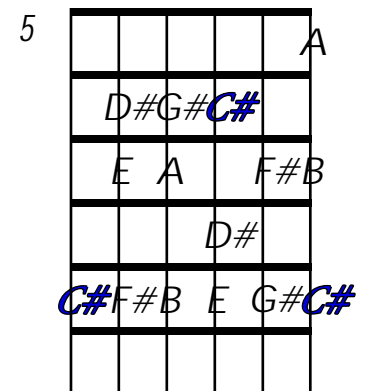
### B MIXOLYDIAN

PRACTICE EACH OCTAVE SEPARATELY



### C# AELIOIAN

PRACTICE EACH OCTAVE SEPARATELY



### D# LOCRIAN



# MODES

## E MAJOR (POSITION 4)

### E IONIAN

4

	F#	B	D#	
			<i>E</i>	
	G#	C#		
<i>E</i>	A			

### F# DORIAN

4

	<i>F#</i>	B	D#	
			E	
	G#	C#		
	A	<i>F#</i>		

### G# PHRYGIAN

PRACTICE EACH OCTAVE SEPARATELY

4

<i>G#</i>	C#	F#	B	D#	<i>G#</i>
A				E	
	D#	<i>G#</i>	C#		
B	E	A		F#	

### A LYDIAN

PRACTICE EACH OCTAVE SEPARATELY

4

	C#	F#	B	D#	G#
<i>A</i>				E	<i>A</i>
	D#	G#	C#		
B	E	<i>A</i>		F#	

### B MIXOLYDIAN

PRACTICE EACH OCTAVE SEPARATELY

4

	C#	F#	<i>B</i>	D#	G#
				E	A
	D#	G#	C#		
<i>B</i>	E	A		F#	<i>B</i>

### C# AEOLIAN

4

<i>C#</i>	F#	B			
	D#	G#	<i>C#</i>		
E	A				

### D# LOCRIAN

4

	F#	B	<i>D#</i>		
	<i>D#</i>	G#	C#		
E	A				

# MODES

## E MAJOR (POSITION 2)

### E IONIAN

2

	<i>E</i>	A		
	F#	B	D#	
			<i>E</i>	
	G#	C#		

### F# DORIAN PRACTICE EACH OCTAVE SEPARATELY

2

	<i>F#</i>	B	E	A	<i>F#</i>
	G#	C#	<i>F#</i>	B	D#
	A			E	
	D#	G#	C#		

### G# PHRYGIAN PRACTICE EACH OCTAVE SEPARATELY

2

	B	E	A		F#	
	<i>G#</i>	C#	F#	B	D#	<i>G#</i>
	A			E		
	D#	<i>G#</i>	C#			

### A LYDIAN PRACTICE EACH OCTAVE SEPARATELY

2

	B	E	<i>A</i>		F#
	C#	F#	B	D#	G#
<i>A</i>				E	<i>A</i>
	D#	G#	C#		

### B MIXOLYDIAN

2

	<i>B</i>	E	A		
	C#	F#	<i>B</i>		
	D#	G#			

### C# AEOLIAN

2

		E	A		
	<i>C#</i>	F#	B		
	D#	G#	<i>C#</i>		

### D# LOCRIAN

2

		E	A		
		F#	B	<i>D#</i>	
	<i>D#</i>	G#	C#		

# MODES

## E MAJOR (POSITION 12)

### E IONIAN

PRACTICE EACH OCTAVE SEPARATELY

12

<i>E</i>	A			<i>E</i>
		D#	G#	
F#	B	<i>E</i>	A	C#
G#	C#	F#	B	D#

### F# DORIAN

PRACTICE EACH OCTAVE SEPARATELY

12

	A			E
		D#	G#	
<i>F#</i>	B	E	A	C# <i>F#</i>
G#	C#	<i>F#</i>	B	D#

### G# PHRYGIAN

PRACTICE EACH OCTAVE SEPARATELY

12

	A			E
		D#	<i>G#</i>	
B	E	A	C#	F#
<i>G#</i>	C#	F#	B	D# <i>G#</i>

### A LYDIAN

12

<i>A</i>				
		D#	G#	
B	E	<i>A</i>		
C#	F#			

### B MIXOLYDIAN

12

		D#	G#	
<i>B</i>	E	A		
C#	F#	<i>B</i>		

### C# AEOLIAN

12

		D#	G#	
	E	A	<i>C#</i>	
<i>C#</i>	F#	B		

### D# LOCRIAN

12

		<i>D#</i>	G#	
	E	A	C#	
	F#	B	<i>D#</i>	

# MODES

## E MAJOR (POSITION 11)

**E IONIAN**  
PRACTICE EACH OCTAVE  
SEPARATELY

11

	G#	C#	F#	D#
<b>E</b>	A		B	<b>E</b>
	D#	G#		
F#	B	<b>E</b>	A	C#

**F# DORIAN**  
PRACTICE EACH OCTAVE  
SEPARATELY

11

	G#	C#	<b>F#</b>	D#
A		B	E	
	D#	G#		
<b>F#</b>	B	E	A	C#

**G# PHRYGIAN**

11

	<b>G#</b>	C#	F#	
A				
	D#	<b>G#</b>		
B	E			

**A LYDIAN**

11

	C#	F#		
<b>A</b>				
	D#	G#		
B	E	<b>A</b>		

**B MIXOLYDIAN**

11

	C#	F#		
			<b>B</b>	
	D#	G#		
<b>B</b>	E	A		

**C# AEOLIAN**

11

	<b>C#</b>	F#		
			B	
	D#	G#		
	E	A	<b>C#</b>	

**D# LOCRIAN**  
PRACTICE EACH OCTAVE  
SEPARATELY

11

	<b>D#</b>	G#	C#	<b>F#</b>
E	A		B	
	<b>D#</b>	G#		
F#	B	E	A	C#

# MODES

## E MAJOR (POSITION 9)

### E IONIAN

PRACTICE EACH OCTAVE SEPARATELY

9

F#	B	<b>E</b>	C#
			A
G#	C#	F#	D#
<b>E</b>	A		B <b>E</b>
	D#	G#	

### F# DORIAN

9

<b>F#</b>	B	E	
G#	C#	<b>F#</b>	
A			
	D#		

### G# PHRYGIAN

9

	B	E	
<b>G#</b>	C#	F#	
A			
	D#	<b>G#</b>	

### A LYDIAN

9

	B	E	
			<b>A</b>
	C#	F#	
<b>A</b>			
	D#	G#	

### B MIXOLYDIAN

9

	<b>B</b>	E	
			A
	C#	F#	
			<b>B</b>
	D#	G#	

### C# AEOLIAN

PRACTICE EACH OCTAVE SEPARATELY

9

<b>C#</b>	F#	B	E	<b>C#</b>
			A	
D#	G#	<b>C#</b>	F#	
E	A		B	
	D#	G#		

### D# LOCRIAN

PRACTICE EACH OCTAVE SEPARATELY

9

F#	B	E	C#	
			A	
<b>D#</b>	G#	C#	F#	<b>D#</b>
E	A		B	
	<b>D#</b>	G#		