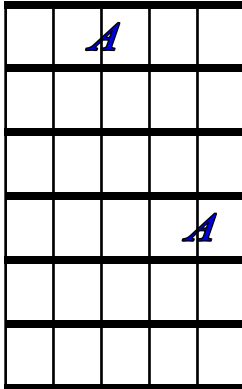


# MODES

## A MAJOR (POSITION 7)

### A IONIAN

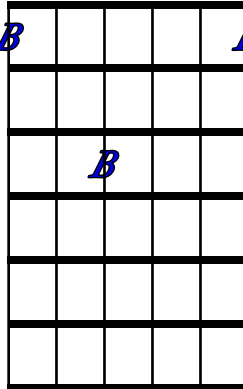
7



### B DORIAN

PRACTICE EACH OCTAVE  
SEPARATELY

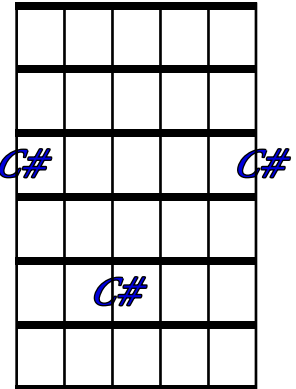
7



### C# PHRYGIAN

PRACTICE EACH OCTAVE  
SEPARATELY

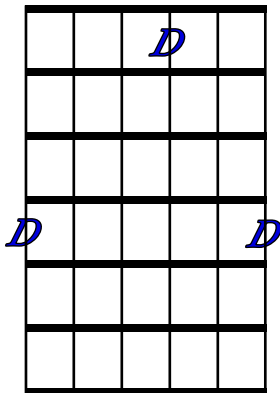
7



### D LYDIAN

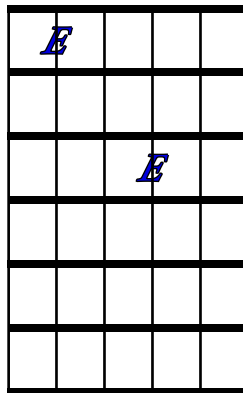
PRACTICE EACH OCTAVE  
SEPARATELY

7



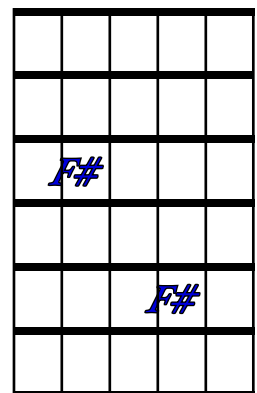
### E MIXOLYDIAN

7



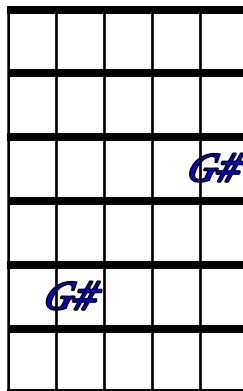
### F# AEOLIAN

7



### G# LOCRIAN

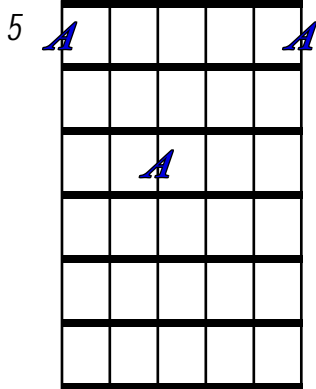
7



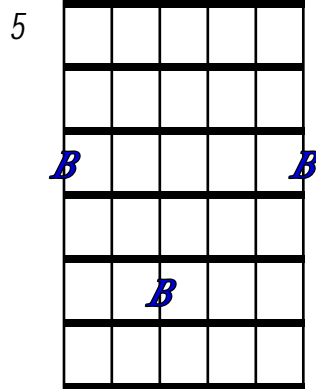
# MODES

## A MAJOR (POSITION 5)

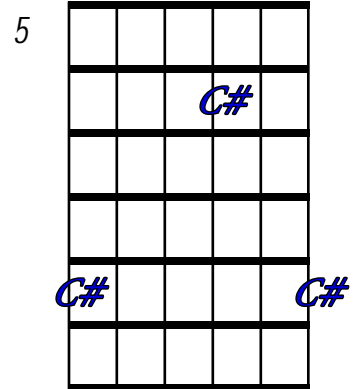
*A IONIAN*  
PRACTICE EACH OCTAVE  
SEPARATELY



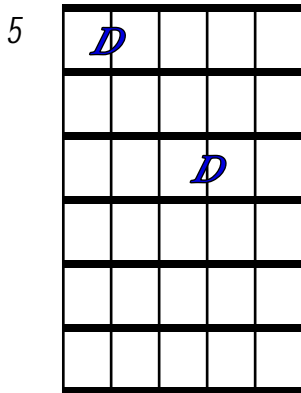
*B DORIAN*  
PRACTICE EACH OCTAVE  
SEPARATELY



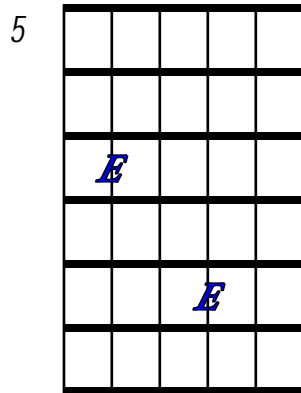
*C# PHRYGIAN*  
PRACTICE EACH OCTAVE  
SEPARATELY



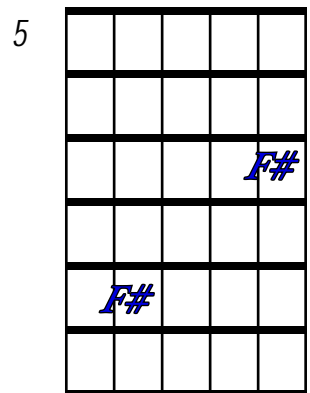
*D LYDIAN*



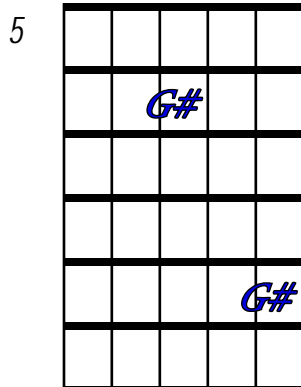
*E MIXOLYDIAN*



*F# AEOLIAN*



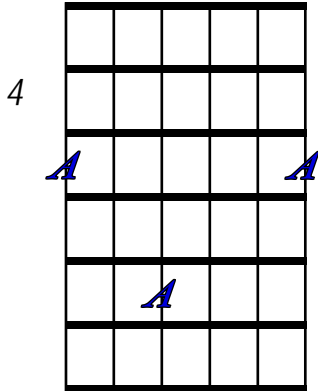
*G# LOCRIAN*



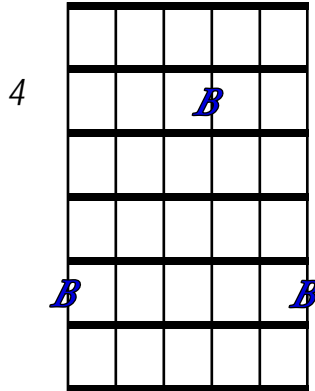
# MODES

## A MAJOR (POSITION 4)

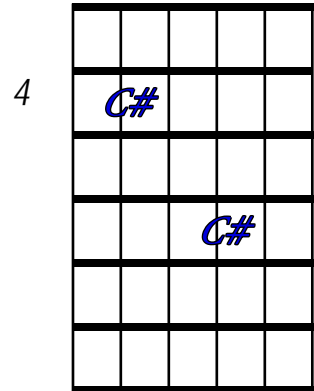
**A IONIAN**  
PRACTICE EACH OCTAVE  
SEPARATELY



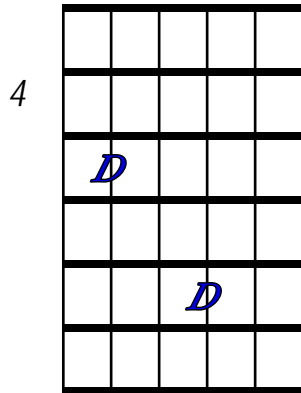
**B DORIAN**  
PRACTICE EACH OCTAVE  
SEPARATELY



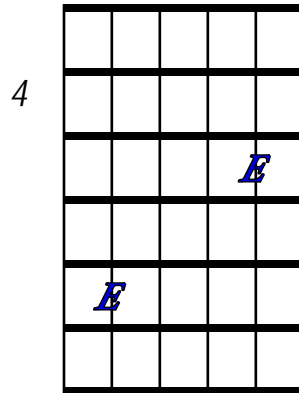
**C# PHRYGIAN**



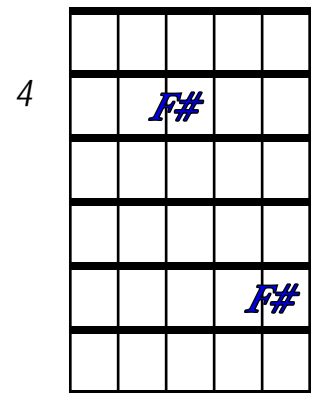
**D LYDIAN**



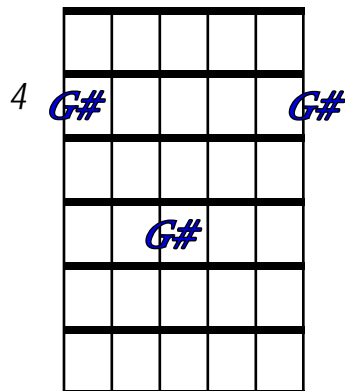
**E MIXOLYDIAN**



**F# AEOLIAN**



**G# LOCRIAN**  
PRACTICE EACH OCTAVE  
SEPARATELY

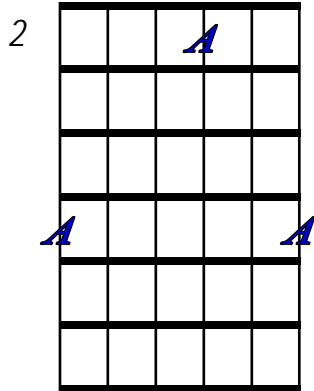


# MODES

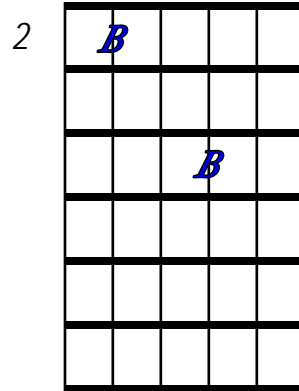
## A MAJOR (POSITION 2)

### A IONIAN

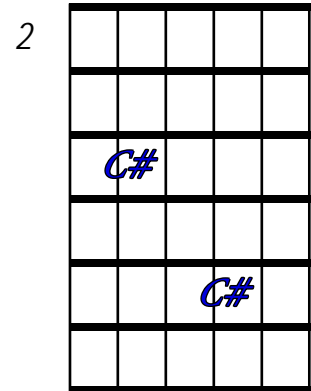
PRACTICE EACH OCTAVE  
SEPARATELY



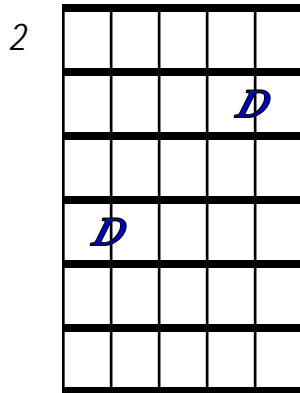
### B DORIAN



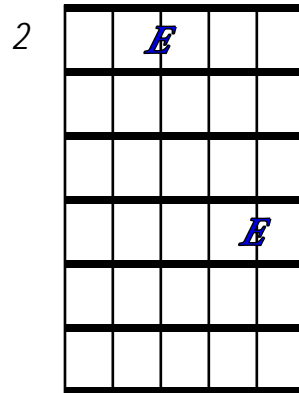
### C# PHRYGIAN



### D LYDIAN

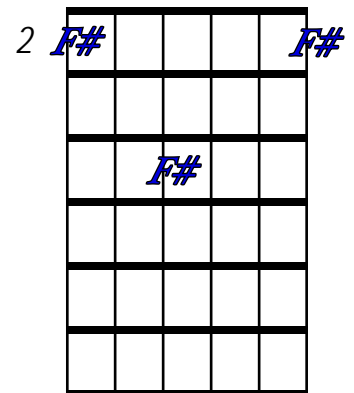


### E MIXOLYDIAN



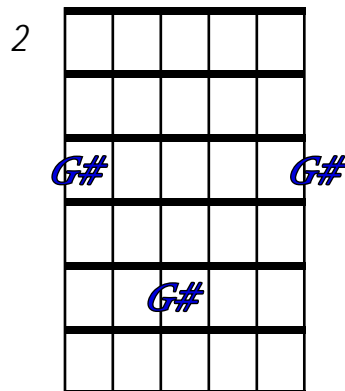
### F# AEOLIAN

PRACTICE EACH OCTAVE  
SEPARATELY



### G# LOCRIAN

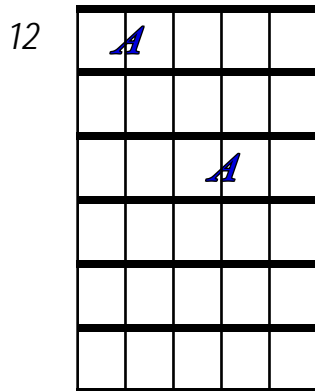
PRACTICE EACH OCTAVE  
SEPARATELY



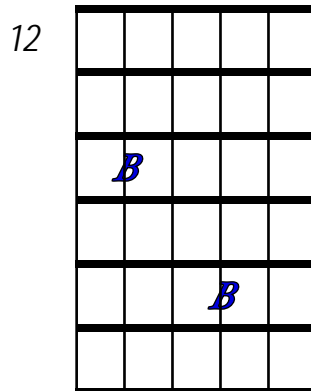
# MODES

## A MAJOR (POSITION 12)

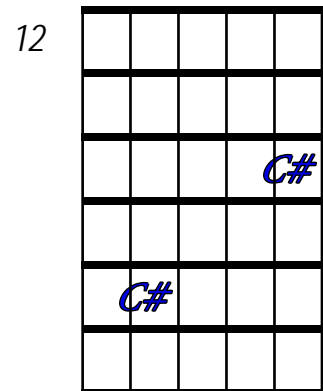
A IONIAN



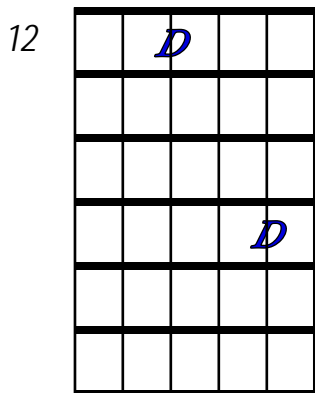
B DORIAN



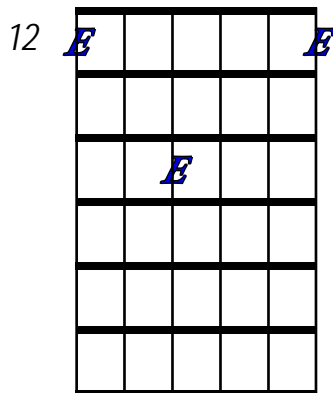
C# PHRYGIAN



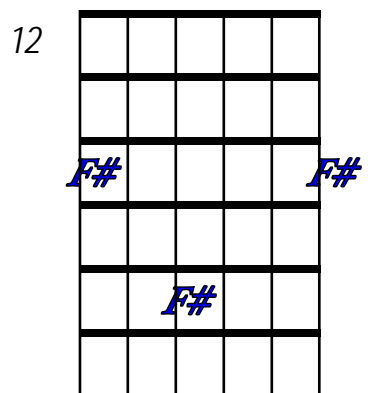
D LYDIAN



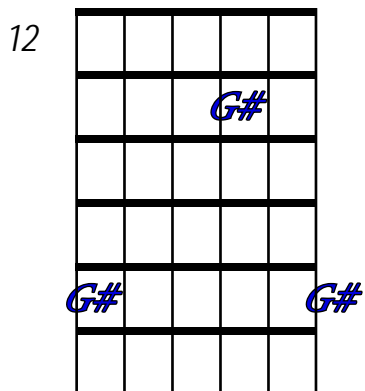
E MIXOLYDIAN  
PRACTICE EACH OCTAVE  
SEPARATELY



F# AEOLIAN  
PRACTICE EACH OCTAVE  
SEPARATELY



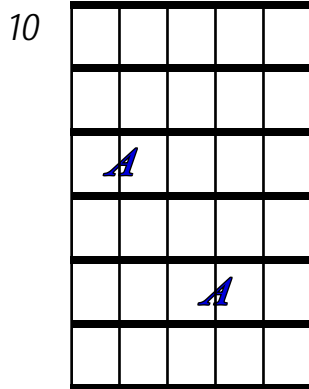
G# LOCRIAN  
PRACTICE EACH OCTAVE  
SEPARATELY



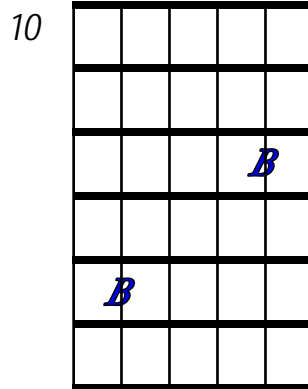
# MODES

## A MAJOR (POSITION 10)

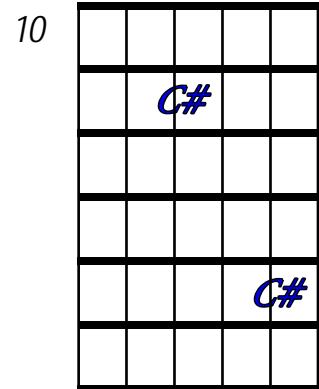
A IONIAN



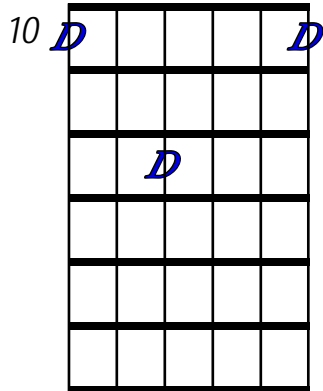
B DORIAN



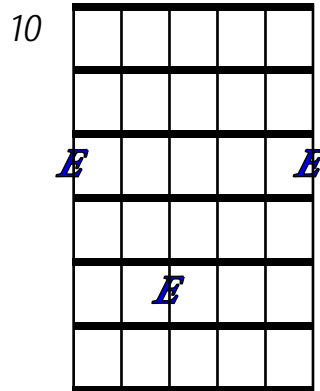
C# PHRYGIAN



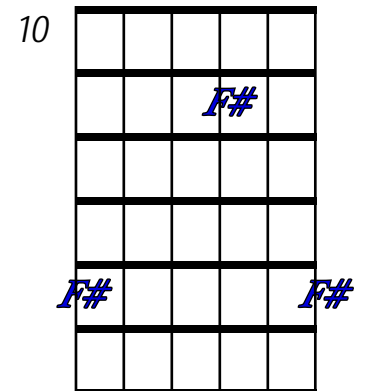
D LYDIAN  
PRACTICE EACH OCTAVE  
SEPARATELY



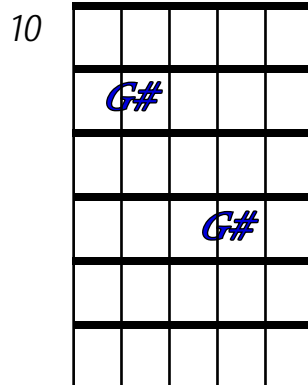
E MIXOLYDIAN  
PRACTICE EACH OCTAVE  
SEPARATELY



F# AEOLIAN  
PRACTICE EACH OCTAVE  
SEPARATELY



G# LOCRIAN

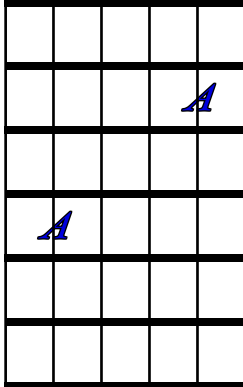


# MODES

## A MAJOR (POSITION 9)

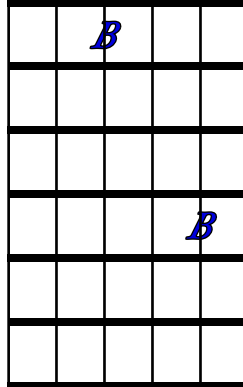
### A IONIAN

9



### B DORIAN

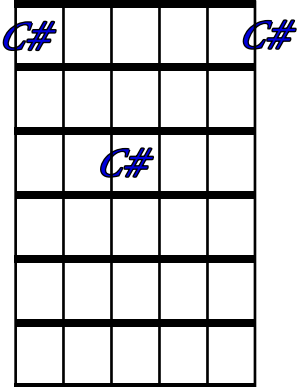
9



### C# PHRYGIAN

PRACTICE EACH OCTAVE SEPARATELY

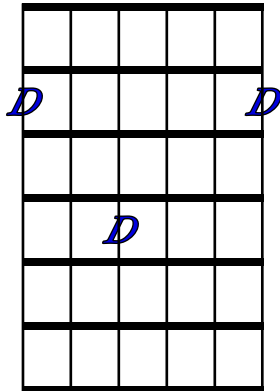
9



### D LYDIAN

PRACTICE EACH OCTAVE SEPARATELY

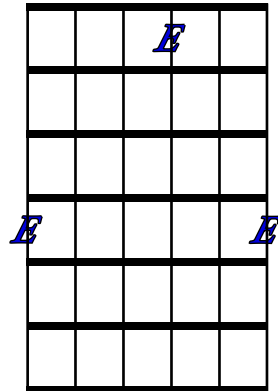
9



### E MIXOLYDIAN

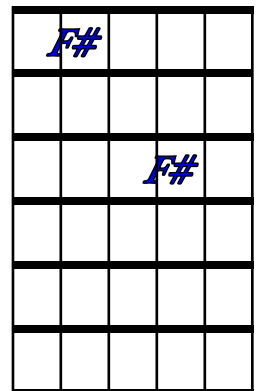
PRACTICE EACH OCTAVE SEPARATELY

9



### F# AEOLIAN

9



### G# LOCRIAN

9

